

strides through the box, and one stride exercise!

be ridden from top to bottom, left to right, This design allows you to ride a figure or across the diagonal over the corners. eight, as well as diagonal lines through You can also use the box to practice the box to improve steering and balance. upward and downward transitions: see You can also ride in between the poles to if you can make the transition in the box use them as "lanes" for circles to work before exiting. Once you've mastered those on shoulder control and/or straight lines options, expand the course by adding as to work on straightness. You can also mix many poles as you have available to build them by riding straight line lanes into and out the box. Set the poles so that you ride out of a circle to work on straightness, one stride over the poles into the box, two shoulder control, and bending all in one

Remember to always start at the walk to familiarize both you and your horse with the course, then ride a few exercises at the trot. When you feel confident that you have it figured out, you can put everything together as much as you want to at the trot. That's what's so great about this course: you can make it as simple or as challenging for you and your horse as you'd like. It's up to you, so give it a try and have fun with your fancy footwork!